

TAKEAWAY

MENU

MEDITERRANEAN RESTAURANTGRILLMEZEBAR





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01376 346777

SUN TO THURS 12:00 - 22:00 | FRI TO SAT 12:00 - 23:00

13-15 BANK ST, BRAINTREE CM7 1UG FREE DELIVERY WITHIN 5 MILE RADIUS (£20 MINIMUM)

OUR DISHES MAY CONTAIN NUTS OR DAIRY PRODUCTS IF YOU SUFFER FROM ANY ALLERGY, THEN PLEASE INQUIRE BEFORE ORDERING YOUR MEAL

 MEDITERRANEAN RESTAURANT

 GRILL
 MEZE

 BAR

Follow Us

BREAD All are cooked in a stone oven daily and fresh

BASKET OF BREAD	2.50
SESAME BREAD	3.90
PUFFY BREAD (BALLON EKMEK)	3.90
GARLIC BREAD	3.90
GARLIC BREAD WITH CHEESE	5.90
LAHMACUN (TURKISH PIZZA)	5.90
Thin crust topped with minced meat, onion and various spices, cooked in a wood-fired oven.	

COLD STARTERS

MIXED OLIVES V VG GF	5.90
Marinated mixed jumbo olives	
	5.90
Puree of chickpeas, tahini, fresh lemon juice, olive oil and garlic	
TARAMA SALAD GF	5.90
Pate of smoked cod roe, extra virgin olive oil & lemon juice	
CACIK (TZATZIKI) V gf	5.90
Creamy strained yogurt with cucumber, mint, dill and garlic	
SAKSUKA V VG GF	5.90
A blend of fried aubergines, potato, and mixed pepper, served with our special house sauce	
BABAGANOUSH V GF	5.90
A smoky flavoured puree of aubergine, garlic, yogurt and tahini, sharpened with lemon	
AVOCADO AND PRAWN SALAD GF	8.90
Served with prawns, avocado, mixed herb leaves, and marie rose s	auce
MIXED SEAFOOD SALAD GF	8.90
King prawns, squid, mussels, octopus, served with garnish salad	
MIXED COLD MEZE GF	17.90
HUMMUS TARAMA CACIK SAKSUKA BABAGANOUSH	

GRILLS

Charcoal grilled dishes, all are served with rice and bulgur pilav, salad

CHICKEN WINGS GF	16.90
Marinated chicken wings cooked on charcoal grill	
CHICKEN DRUMSTICKS GF	16.90
Marinated chicken drumsticks cooked on charcoal grill	
CHICKEN BREAST SHISH GF	18.90
Chicken breast marinated with blend of herbs and spices	
CHICKEN THIGH SHISH GF	18.90
Chicken thighs marinated with blend of herbs and spices	
CHICKEN BEYTI	18.90
Charcoal grilled, largely minced chicken mixed with peppers, garlic, parsle	y &herbs
ADANA SHISH	19.90
Skewered minced lamb seasoned with pepper, thyme & chilli	
LAMB BEYT	18.90
Charcoal grilled, minced lamb mixed with peppers, garlic, parsley an	d herbs
LAMB SHISH GF	21.90
Marinated fillet of lamb grilled to delight on a skewer	
LAMB RIBS OF	21.90
Seasoned spare lamb ribs on skewer & cooked on charcoal g	
LAMB CHOPS GF	23.90
Tender lamb chops seasoned and grilled over charcoal barbe	

MIXED GRILL All are served with rice and bulgur pilay, salad

MIXED SHISH KEBAB GF (Lamb & Chicken) Half lamb shish half chicken shish mix	21.90
MOSAIC MIXED KEBAB GF	25.90
Lamb shish, chicken shish, adana, chicken wings and lamb ribs MIXED BEYTI KEBAB	18.90
(Lamb & Chicken Beyti) Charcoal grilled, minced lamb & chicken, mixed with peppers, garlic, parsley and herbs	10.00
MIXED BONE KEBAB	24.90
2pcs Lamb chops & 4pcs Lamb ribs	

HOT STARTERS

SOUP OF THE DAY Served with home made warm bread	5.90
PAN FRIED HALLOUMI CHEESE V GF Served with carnish salad	6.90
PAN FRIED LAMBS LIVER GF Fried lamb liver with chilli and paprika pan fried with onion	6.90
SUJUK GF Grilled traditional spicy turkish sausage served with garnish salad	6.90
CREAMY MUSHROOM V GF Freshly cooked mushrooms in garlic cream & topped with cheddar	6.90 cheese
SIGARA BOREK V Feta cheese, fresh dill, parsley, wrapped with filo pasty	6.90
FALAFEL WITH HUMMUS V VG GF Chickpeas, broad beans, garlic, spices, fresh herbs and tahini sauce	6.90 e
DEEP FRIED CALAMARI Served with garnish salad and tartar sauce	8.90
KING PRAWNS & MUSHROOM AU GRATINE Cooked in a creamy cheese sauce & topped with melted gruyere cl	8.90 heese
MEATBALLS Served with tomato sauce and cheese	6.90
GRILLED OCTOPUS Served with garnish salad	9.90
GRILLED JUMBO KING PRAWNS Grilled pacific, headless king prawns in garlic butter.	9.90
HUMMUS WITH LAMB Hummus topped with lamb and butter, cooked in a clay bowl in a wood-fired oven	8.90
MIXED HOT MEZE SUCUK HALLOUMI FALAFEL SIGARA BOREK CALAMARI	18.90

All our starter breads are made from fresh dough daily and baked in a stone oven.

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STEAKS

All our steaks are dry-aged for depth of flavour, sourced from p Scotch beef, and served with chips and seasonal vegetables.	ourced from premium vegetables.	
SIRLOIN STEAK 10oz	28.90	
Succulent cut from the short loin, known for its rich flavour and ten	der	
PEPPER STEAK 10oz	29.90	
Scotch Sirloin steak served with a brandy and mixed peppercorn sa	uce.	
GRILLED RIB EYE STEAK 10oz	29.90	
Cut from the rib of beef with intense flavouring from marbling.		
DIANA STEAK 10oz	29.90	
Scotch Sirloin steak with a sauce of seasonal pan fried onions and mushroom Cooked using the Flambé method to caramelise and finished with cream.	IS.	

GRILLED FISH All our fish are served with vegetables and mashed potatoes

21.90 SEA BASS FILLET GF Grilled over charcoal, served with garlic butter sauce WHOLE SEA BASS OF 19.90 Grilled over charcoal served with garlic butter sauce SALMON FILLET GF Grilled over charcoal served with butter lemon parsley sauce 21.90 JOMBO KING PRAWNS GF 6 large pacific headless king prawns, served with garlic butter sauce 21.90 OCTOPUS GF 21.90 Slow roasted cherry tomato and piquillo pepper coulis SWORDFISH WITH KING PRAWNS GF Seasoned and served with garlic butter sauce 21.90

SEAFOOD DISHES Servet with rice and bulgur pilay, salad

MIXED SEAFOOD CASSEROLE GF	19.90
King prawns, squid, mussels, salmon, sea bass	
ISH DELIGHT GF	21.90
King prawns cooked with pepper, tomato, and garlic in butter	
MIXED SEAFOOD AU GRATIN GF	19.90
(ing prawns, squid, mussels, salmon sea bass & creamy white wine	sauce

SPECIAL DISHES

All are served with rice and bulgur pilav

LAMB DELIGHT (TANDER KEBAB) 19.90 Slow oven-cooked with tomato sauce walnuts & dry organic grapes CHICKEN DELIGHT Succulent chicken thigh mixed with mushrooms, peppers, garlic cooked in our white wine and cream sauce served with, rice and bulgur play 19.90 LAMB MUSAKA Minced lamb meat covered with a creamy cheese sauce laid on a bed of aubergine courgette red pepper onion and herbs 19.90 chefs special sauce CHICKEN MUSAKA 19,90 Minced chicken meat covered with a creamy cheese sauce laid on a bed of aubergine courgette. Red pepper onion and herbs with chefs special sauce BUTTERED CHICKEN CASSEROLE 21.90 Chicken meat, mushrooms, tomatoes garlic capia pepper and green pepper with natural buttered cooked in a pan BUTTERED LAMB CASSEROLE Lamb meat mushrooms tomatoes garlic capia peppers and green peppers with natural butter cooked in a pan 21.90
 LAMB KLEFTIKO
 19.

 Slowly roasted lamb shank cooked in a rich homemade tomato sauce with mixed vegetables served on a bed of mashed potato CHICKEN KLEFTICO [TAVUK HASLAMA]
 19.

 Slow roasted chicken thighs in a rich homemade sauce with
 19.
 19.90 19.90 mixed vegetables served with boiled potatoes

CHILDREN'S MENU £9.90 CHICKEN WINGS Marinated chicken wings cooked on charcoal grill CHICKEN NUGGETS Deep fried panko coated chicken fillet served with home made chips CHICKEN SHISH Chicken breast marinated with blend of herbs and spices with chips & salad ADANA KEBAB Skewered minced lamb seasoned with pepper, thyme & chilli, served with chips and salad SPAGHETTI Alla Bolognese, Traditional slow cooked italian

beef in a fresh tomato sauce POMODORO PENNE OR SPAGHETTI Traditional slow cooked italian beef in a

fresh tomato sauce

THIS MENU HAS BEEN DESIGNED FOR CHILDREN UP TO AGE OF 12

PASTA DISHES

LASAGNA 100% British prime minced beef ragu, bechamel, layers of pas	13.90 tal
PENNE POMODORO With tomato sauce and basil	12.90
PENNE ARRABIATA Garlic, onion, chili, tomato sauce, parsley	12.90
PENNA POLLO Chicken, garlic, onion with cream and parsley	13.90
SPAGHETTI BOLOGNESE 100% British prime minced beef ragu	13.90
TAGLIATELLE FUNGI E PANNA Mushroom, touch a cream, parsley white wine sauce	13.90
TAGLIATELLE SALMONE Chopped salmon, garlic, tomato sauce, cream, and vodka	16.90
RISOTTO VERDE Garlic, onion, spinach, courgette, asparagus, with cream & green pesto	13.90
SPAGHETTI POLPETE Garlic, onion, tomato sauce parsley meat ball	12.90
TAGLIATELLE PESCATORE Cooked in garlic onion cherry tomatoes fresh stock.	14.90
Parsley olive oil. White wine mussels meat, calamari. Prawns and touch of tomato sauce	
PENNE PRIMAVERA Mix vegetables, pesto, pinoli butter garlic	12.90

VEGETARIAN DISHES All are served with rice and bulgur pilav

HOME MADE FALAFEL V VG GF Humus dip with gherkins	16.90	
VEGETARIAN MUSAKA v	16.90	
Slice of aubergine, courgettes,carrots, red bell pepper,onions covered with bechamel sauce served with tomato sauce	herbs	
VEGETARIA CASSEROLE V VG GF	16.90	
Chunks of aubergine courgette mushrooms peppers and onic topped with homemade tomato sauce and mozzarella cheese	ins	
SARMA VEGI BEYTI v	16.90	
A blend of fried aubergine, courgettes potato, mixed pepper marinated with homemade tomato sauce wrapped in our thin bread with cheese, yogurt topped with natural butter sauce	1	
SARMA FALAFEL BEYTI v Homemade falafel with hummus and cheese wrapped in our bread and yogurt topped with natural butter sauce	16.90	

SIDES ORDER

CHIPS	3.90
HOME MADE CHIPS (SKIN ON)	4.90
SAUTÉED BABY POTATO	4.90
MASHED POTATO	4.90
ROASTED MIXED VEGETABLES	4.90
BROCCOLI WITH MELTED CHEESE	4.90
BULGUR (COUSCOUS) PILAF	3.90
RICE (PILAF)	3.90
ASPARAGUS WITH HONEY	5.90

SALAD

3.9
6.7
7.50
7.90

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES VG VEGAN NUTS V VEGETARIAN GF GLUTEN FREE